

# CONNECT TO CARE

what to know **BEFORE** you go



## PRIMARY CARE PHYSICIAN (PCP)

Visit our provider directory to find a PCP near you.

- Preventive care
- Management of chronic conditions
- Bloodwork and diagnostic tests
- Prescription management
- Referrals to specialists, when needed
- Vaccinations and routine shots



\$



Same-day appointments



Telehealth appointments



**AMWELL TELEHEALTH**  
Amwell.com

\$

Quick response

Available 24/7

Allergies or coughing

Cold, flu, or fever

Earache

Minor infections, including UTI

Upper respiratory symptoms

Schedule Appointment Now



**CHP URGENT CARE**  
850.383.3382

\$\$

Shorter wait time

Extended hours

Allergies or coughing

Cold, flu, or fever

Minor infections, including UTI

Strains, sprains, or breaks

Nausea, vomiting, or diarrhea

Minor burns, abrasions, or cuts



## EMERGENCY ROOM

If you have a life threatening illness or injury, call 911 right away.

\$\$\$\$

Longer wait time

Open 24/7

Major trauma

Stroke

Chest pain

Severe abdominal pain

Severe shortness of breath

To find a PCP, visit [CapitalHealth.com/provider](https://www.CapitalHealth.com/provider)



Capital Health Plan Advantage Plus (HMO), Preferred Advantage (HMO) and Retiree Advantage (HMO) are HMO plans with a Medicare contract. Enrollment in Capital Health Plan Advantage Plus, Preferred Advantage and Retiree Advantage depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments and restrictions apply. Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year. The formulary, pharmacy network and/or provider network may change at any time. You will receive notice when necessary. You must continue to pay your Medicare Part B premium. Capital Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.