

How to opt in to receive electronic EOBs

To make the election to receive EOBs electronically, you must be registered for CHPConnect.

Once registered, you can access CHPConnect and then select *Explanation of Benefits* from the Home screen:

The screenshot shows the Capital Health Plan member portal. At the top, there are navigation links for 'Home' and 'Log Out', and a 'Logged In:' status. The main header includes the Capital Health Plan logo and a dropdown menu. Below the header, a navigation sidebar on the left lists various services like 'My Health', 'My Providers', and 'My Health Plan'. The 'My Health' section is expanded, showing a list of services including 'Health Calendar', 'Procedures', and 'Explanation of Benefits'. The main content area displays two articles: 'COVID-19: Vaccination Information' and 'Telehealth: What Options Are Available'. The 'COVID-19' article provides details on authorized vaccines, Florida's vaccination sites, and instructions for scheduling appointments. The 'Telehealth' article explains the benefits of telehealth visits and lists participating providers. Below the telehealth article is an image of a doctor on a laptop and smartphone. The 'Explanation of Benefits' link in the sidebar is highlighted in yellow.

COVID-19: Vaccination Information

There are several types of authorized and recommended COVID-19 vaccines available and there are additional vaccines currently in clinical trials across the United States per the Centers for Disease Control.

Florida has many sites that are providing COVID-19 vaccines to eligible persons based on [Federal](#) and [State of Florida](#) guidelines. Supplies may be limited and appointments may be required, so it is best to use the [pre-registration system](#) available through The Florida Department of Health. The Department also offers an online tool to find [COVID-19 vaccination sites](#) throughout the state.

If you meet the current criteria and are a patient of the Physician Group of Capital Health Plan (PGCHP), your PGCHP Primary Care Physician's (PCP) office will be contacting you to schedule an appointment. If you are a patient of another physician group, please contact your PCP to inquire about receiving the COVID-19 vaccine or contact your local Florida Department of Health for further instructions on scheduling an appointment for an upcoming [vaccine clinic](#).

Capital Health Plan is working closely with other local and state health care organizations to secure the vaccine and administer it to our members as soon as possible. We appreciate your patience as we continue to work on getting our membership vaccination.

We encourage you to continue checking our website for the most up-to-date announcements regarding COVID-19 here: www.capitahealth.com/covid.

Telehealth: What Options Are Available

A telehealth visit is similar to an office visit – except you don't have to come into the office. Many Primary Care Physicians (PCP) and specialists in the Capital Health Plan network are scheduling telehealth visits.

The Physician Group of Capital Health Plan and Capital Health Plan Urgent Care Center are offering telehealth visits where appropriate.

Colon Cancer Screening: Get In the Fight, It's Your Life!

The American Cancer Society predicts that 149,500 people will receive a new diagnosis of colorectal cancer and 52,980 people will die of the disease this year alone. The National Cancer Institute also predicts that in this year 18,000 new cases of colorectal cancer will occur in those under 50 and mentioned that the rate of colorectal cancer in this age group has more than doubled since the 1990s.

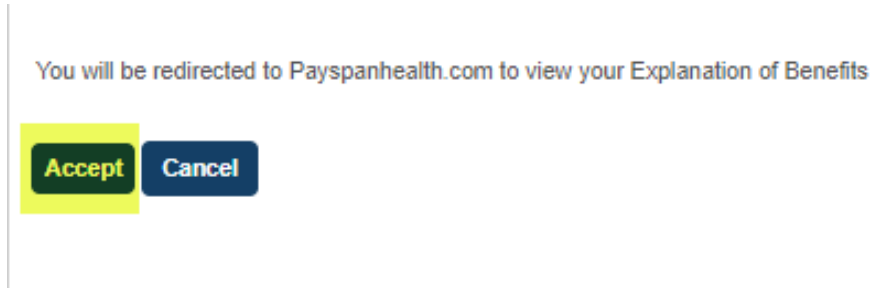
Colorectal cancer is a cancer of the large intestine or rectum, and it is the second leading cause of cancer deaths in the United States. The primary goals of screening are to prevent cancer from occurring and to detect colon cancer early, when the chance of survival is highest. The American Cancer Society recommends that **everyone should start**

Colon Cancer At A Glance

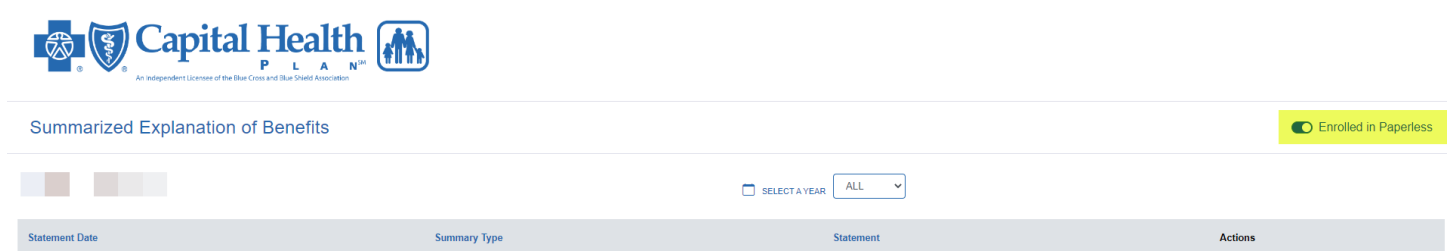
45+ Begin screening at age 45. Several types of tests can be used. Talk to your doctor about which option is best for you.	76+ Talk to your doctor about continued screening from ages 76-85. Take into account your overall health and screening history.*
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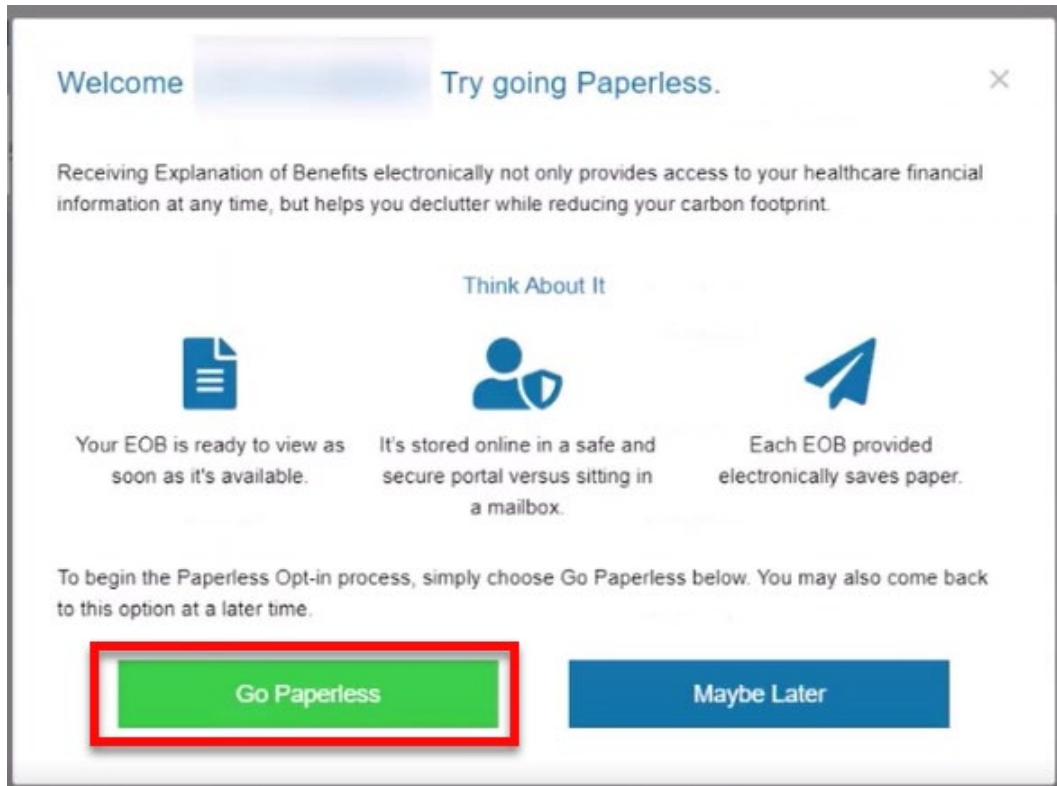
You will be notified that you are being redirected to Payspanhealth – select *Accept*:



Next, you can make the election to enroll in paperless EOBs from the right-hand side of the screen:

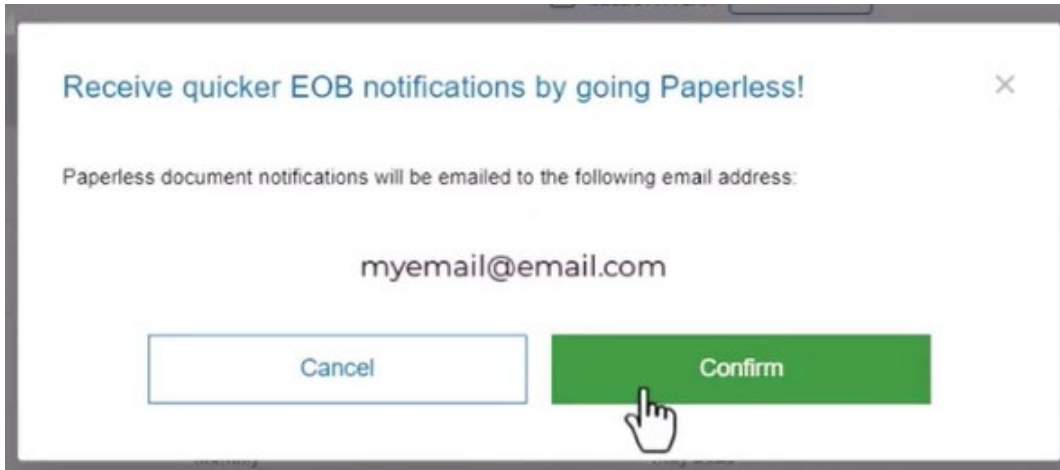


Then, select *Go Paperless*:



How to opt in to receive electronic EOBs

Lastly, you will be prompted you confirm your email address:



You will receive an email from MemberServices@chp.org confirming your election.

Paperless EOBs will also be emailed from MemberServices@chp.org.