



MEDICAL COVERAGE GUIDELINES (CLINICAL CRITERIA) FOR UM DECISIONS Sleep Studies

Capital Health Plan will provide coverage of sleep studies at a contracted provider **ONLY** when the testing has been ordered by a network participating:

1. Pulmonologist
- or
2. ENT specialist (Ears, Nose, and Throat)

Medical Necessity Approvals to be made by:

- ☒ Medical Director
- ☒ Physician Reviewer
- ☒ Utilization Management Nurse
- ☒ Nurse Reviewer
- ☒ Authorized CCD staff when UM criteria are met

These criteria apply to the following products when determined to be included in the member's benefit package: ☒ Commercial

Approved by QIMT: 7/8/10, 1/27/11, 10/13/11, 3/29/12, 1/3/13, 1/16/14, 1/15/15

Approved by G&A: 11/3/16, 11/30/17

Approved by UMWG: 6/26/15, 8/30/18, 11/7/19, 12/10/20, 12/9/21, 12/8/22, 12/14/23

Capital Health Plan reserves the right to make changes to these criteria at any time to accommodate changes in medical necessity and industry standards.