

Covid-19: Where can you be tested?

Capital Health Plan, as an HMO, uses a defined network. This means that Capital Health Plan has contracted with facilities, providers and suppliers to provide you with health care services, helping to ensure your premiums and out-of-pocket costs remain affordable. Please note the Covid-19 testing sites listed below that are within the network. These are places where you can seek Covid-19 testing.

- Your Primary Care Physician (PCP). All PCP offices will be able to discuss your testing options, even if you are not experiencing symptoms. Please CALL YOUR PHYSICIAN first to make arrangements for testing.
- If you are seeing a Specialist within the network, you may seek testing from their office also. Please CALL YOUR PHYSICIAN first to make arrangements for testing.
- If you are in a hospital, they may also test you. Precaution: only those with a serious emergency should go to the ER, as you could be infected or also infect others. For Covid-19 testing please contact your PCP first for instructions.
- LabCorp is the only laboratory in Capital Health Plan's network and if a doctor orders an antibody test for you, you will go to one of their Patient Service Centers for the blood sample collection. LabCorp also has an at-home testing kit that can be ordered on-line. See below for more information.

There are two types of tests that your doctor may recommend for COVID-19: viral swab tests and antibody tests.

- A viral swab test tells you if you have a current infection.
 - LabCorp offers an at-home swab test kit. This type of COVID-19 test is for individuals who have COVID-19 symptoms or meet the testing criteria established by the CDC. The COVID-19 home collection swab kit, to detect an active COVID-19 infection, is available through Pixel by LabCorp online. The COVID-19 home collection swab kit is available to individuals who complete an online eligibility screening questionnaire. <https://www.pixel.labcorp.com/at-home-test-kits/covid-19-test>.
 - LabCorp does not administer the viral swab testing at their Patient Service Centers; you will have to seek the test from one of your in-network doctors.
- An antibody test may tell you if you have had a previous infection.
 - An antibody test may not be able to show if you have had a current infection, because it can take 1-3 weeks after infection to make antibodies. We do not know yet if having antibodies to the virus can protect someone from getting infected with the virus again, or how long that protection might last.
 - Note: antibody testing should not be used as the sole basis to diagnose or exclude infection.
 - An antibody test must be ordered by a physician. Do not go directly to a LabCorp Patient Service Center directly for testing.